

## **WHAT IS MIGRAINE?**

A recurrent throbbing headache that typically affects one side of the head and is often accompanied by nausea and disturbed vision.

## **TYPES OF MIGRAINE**

- Migraine without Aura (formerly called Common Migraine). ...
- Migraine with Aura (formerly called Classic or Complicated Migraine). ...
- Migraine without Headache is characterized by visual problems or other aura symptoms, nausea, vomiting, and constipation, but without head pain.

## **CAUSES OF MIGRAINE**

The cause of migraines is not yet known. It is suspected that they result from abnormal activity in the brain. ... Hormonal changes: Women may experience migraine symptoms during menstruation, due to changing hormone levels. Emotional triggers: Stress, depression, anxiety, excitement, and shock can trigger a migraine.

## **SYMPTOMS OF MIGRAINE**

- Pain on one side or both sides of your head.
- Pain that feels throbbing or pulsing.
- Sensitivity to light, sounds, and sometimes smells and touch.
- Nausea and vomiting.
- Blurred vision.
- Lightheadedness, sometimes followed by fainting.

## **NEUROTHERAPY TREATMENT**

<b>First day</b>	<b>A – Heparin</b>
<b>Fourth day</b>	<b>M – Heparin</b>

**Repeat the sequence as required**